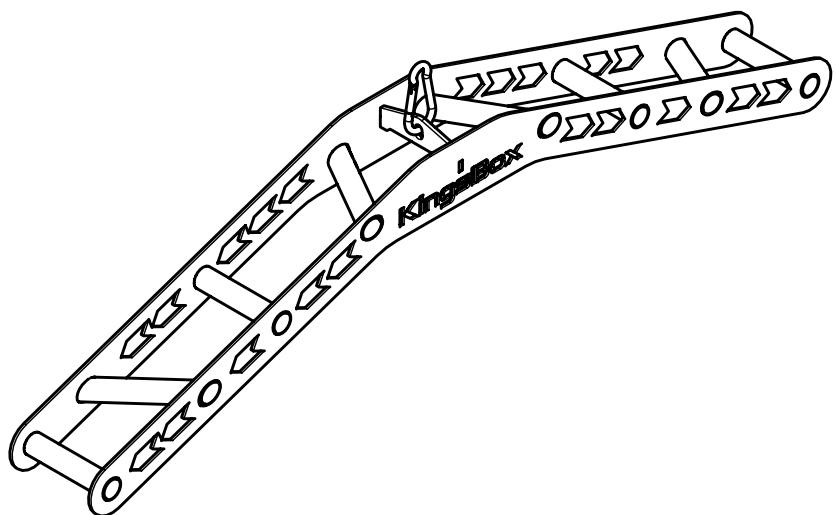


# **Lat Destroyer 2.0**

(KBOGRI-080)



**KingsBox®**  
BUILDING BETTER HUMANS

**Manufacturer:**  
Kingsbox d.o.o.  
Partizanska 129, 6210 Sežana  
Slovenia

**Customer service:**

Write us on **[info@kingsbox.com](mailto:info@kingsbox.com)** or send us a message through our website at **[www.kingsbox.com/help](http://www.kingsbox.com/help)**

**Usage class:**  
Studio (S)

**Designed in compliance with:**  
ISO 20957

**Warnings:**

- Freestanding equipment shall be installed on a stable and levelled base
- All equipment designed with anchoring/attachement holes (e.g. rigs, racks, equipment and accessories for racks, storage pins/ shelves, etc.) should be securely screwed to the fixed ground/ wall/structure through all the designated fixing holes and with appropriate sized screws.
- Injuries to health may result from incorrect or excessive training
- Keep unsupervised children away from the equipment

**Maximum training mass <sup>(1)</sup>:** 80 kg

<sup>(1)</sup> Training mass - achieved through different means of resistance (weight plates, stacked weights, dumbbells, elastic cords, etc.), excluding user's bodyweight.

## **ATTENZIONE!**

**Se la struttura non viene fissata a terra e/o al muro, puo' rib-altarsi e/o provocare danni a persone o oggetti in immediata vicinnanza.**

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I bulloni per il fissaggio del rig a muro e/o al pavimento non sono inclusi nel pacco, in quanto per diversi tipi di muro 7 pavimentazione bisogna utilizzare diversi tipi di bulloni d'ancoraggio.

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## **OPOZORILO!**

**Če se struktura prevrne, lahko pride do resnih telesnih poškodb. Da bi preprečili nevarnost, da se ta struktura prevrne, mora biti pritrjena na steno in / ali v tla.**

Vijaki za pritrjevanje strukture na steno oz. tla niso priloženi, saj različne sestave zidov oz. tal zahtevajo različne vrste pritrdilnih elementov. Uporabite take, ki ustrezajo sestavi vaše stene oz. tal.

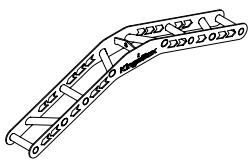
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## **WARNING!**

**If the structure is not secured to the ground and / or to the wall, it may overturn and / or cause damage to person or object in the immediate vicinity.**

The fixing bolts for wall and / or floor are not included in the pack-age, since different types of anchor bolts must be used for differ-ent wall / floor types.

# **Assembly elements:**



**Position 1**

**Lat Destroyer 2.0**

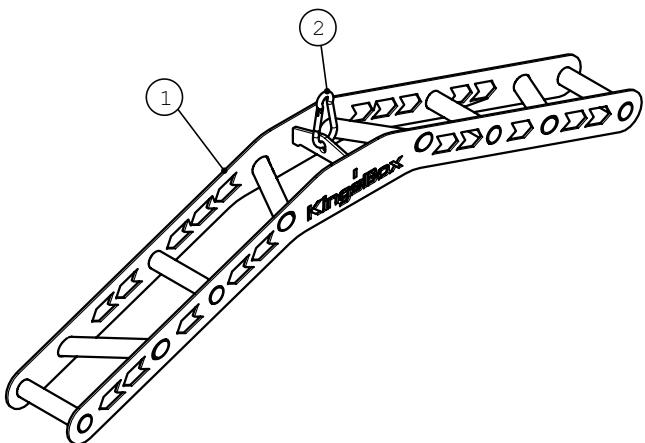


**Position 2**

**Carabin**

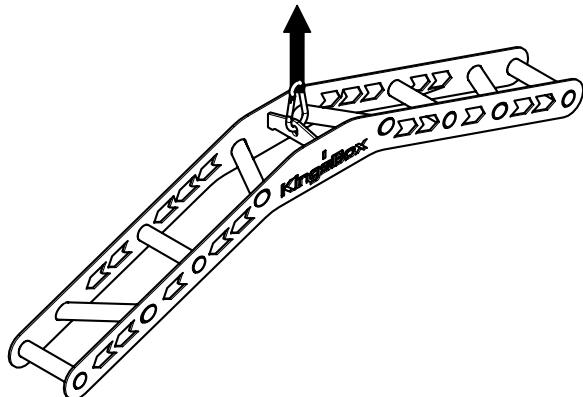
# Assembly instruction:

STEP: 1



Max. load:

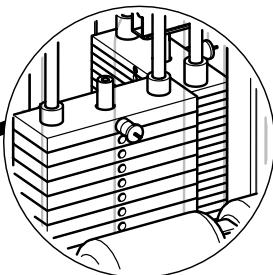
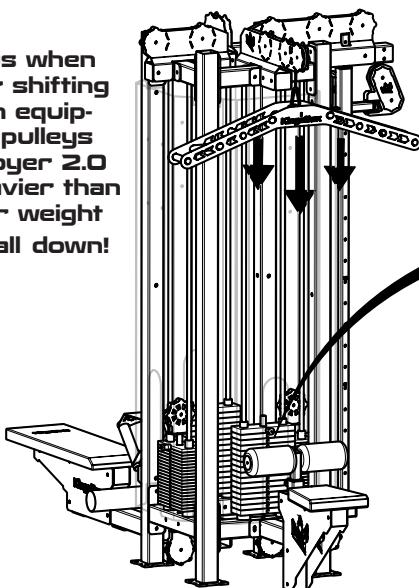
Max. load: 80kg



# Assembly instruction:

## Warning

Be cautious when selecting or shifting weights on equipment with pulleys  
- Lat destroyer 2.0 could be heavier than the counter weight and might fall down!



Minimal counterweight on single/double pulleys should be 10kg