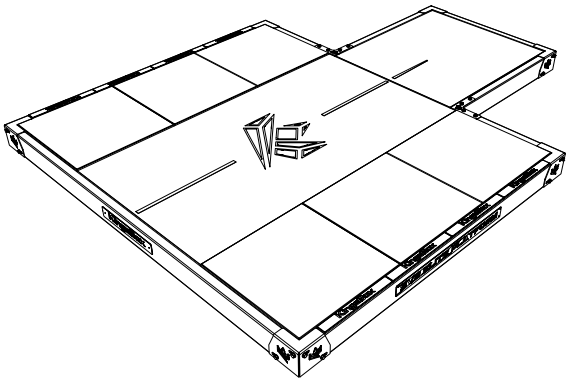
SVR Rack Elite Platform

(KB06MI-138)



KingsBox®

BUILDING BETTER HUMANS

Manufacturer:
Kingsbox d.o.o.
Bazoviška 7a, 6210 Sežana
Slovenia

Customer service:
Write us on info@kingsbox.com or send us a message through our website at www.kingsbox.com/help

Usage class:
Indoor use - Studio (S)

Designed in compliance with:
ISO 20957

Gym owner shall provide the user with all the warnings and instructions. The training equipment shall only be used in areas where access, supervision and control is specificially regulated by the owner.

Warnings:
- Weightlifting platform shall be installed on a stable and levelled base
- Injuries to health may result from incorrect or excessive training
- Keep unsupervised children away from the equipment
- Only use the equipment for its designed purpose as specified by the manufacturer. Unauthorized modifications or uses can result in injury or equipment failure.

Warranty Conditions for Weightlifting Platform

1. Warranty Coverage:

- Rubber and Damping Materials: 1 year from the date of purchase.
- Wood Components: 1 year from the date of purchase.
- Steel Frame: 10 years from the date of purchase.

2. Exclusions:

- Normal wear and tear is not covered under this warranty. This includes, but is not limited to, scratches, dents, and fading that occur as a result of regular use.
- Damage resulting from misuse, abuse, or improper care will void the warranty.
- Steel plates only to be dropped from a height consistent with standard deadlift exercise (max. height 0.8m). Dropping from excessive heights may result in damage and loss of warranty coverage.

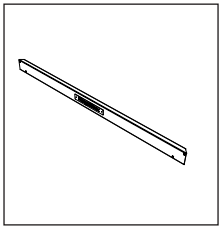
3. Claim Process:

- Claims must be submitted within the warranty period and can be initiated by filling the reclamation form at https://kingsbox.com/en-gb/help/returns

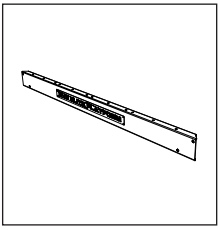
4. Limitations:

- Any modifications or alterations to the platform will void the warranty.
- Discs to be dropped on damping (rubber) zones only.

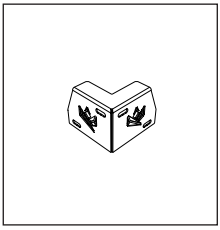
Assembly elements:



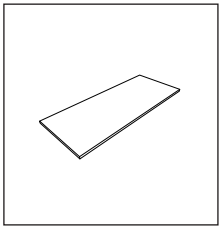
Position 1
SVR MAIN PROFILE (2X)



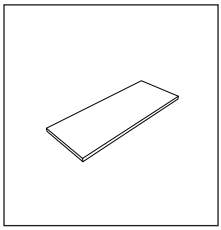
Position 2
SVR SIDE PROFILE (2X)



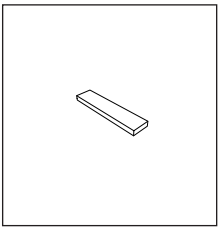
Position 3
VR CORNER BRACKET (4X)



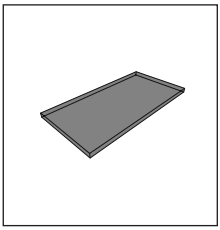
Position 4
BONDED FOAM (3X)
(1830 X 740 X 30MM)



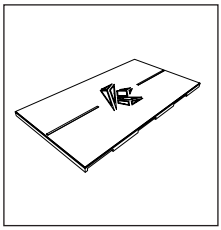
Position 5
BONDED FOAM (1X)
(1830 X 740 X 50MM)



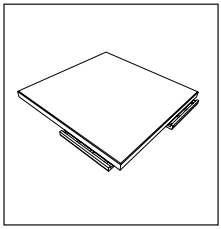
Position 6
BONDED FOAM (4X)
(750 X 165 X 50MM)



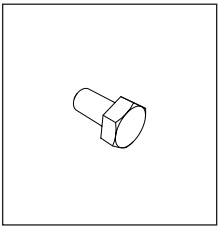
Position 7
MYSTIC MOUSSE FOAM
50MM (2X)



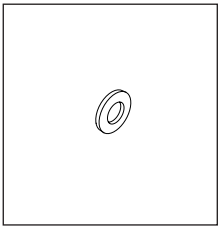
Position 8
SVR ELITE WOOD DECK
(1835 X 1000 X 50MM) (1X)



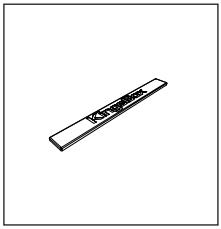
Position 9
SVR RUBBER TILE 52MM



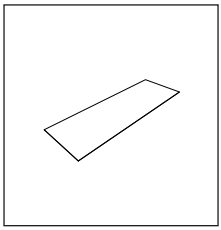
Position 10
SCREW M10X20 (16X)



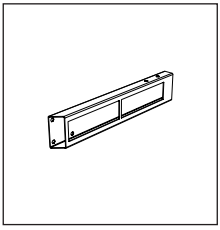
Position 11
WASHER M10 (16X)



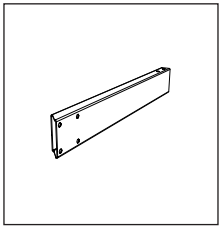
Position 12
PROTECTION RUBBER (8X)



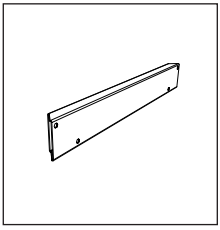
Position 13
TEXTILE PROTECTION
SHEET (4X)



Position 14
SVR RACK
BACK PROFILE (2X)

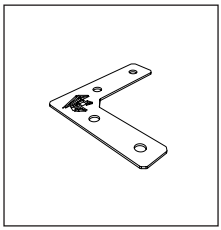


Position 15
SVR RACK
SIDE PROFILE (2X)

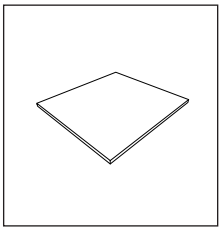


Position 16
SVR RACK
BACK PROFILE 2 (1X)

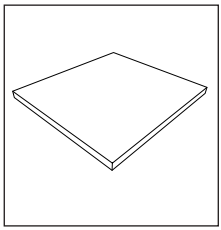
Assembly elements:



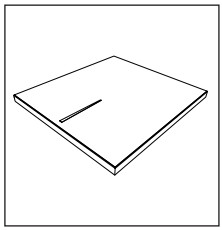
Position 17
SVR RACK
90 CONNECTOR (2X)



Position 18
BONDED FOAM
(1000 X 910 X 30MM) (1X)

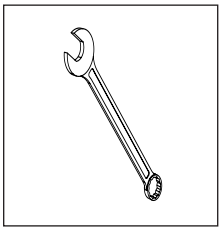


Position 19
BONDED FOAM
(1000 X 910 X 50MM) (1X)



Position 20
SVR ELITE WOOD DECK
(1000 X 910 X 50MM) (1X)

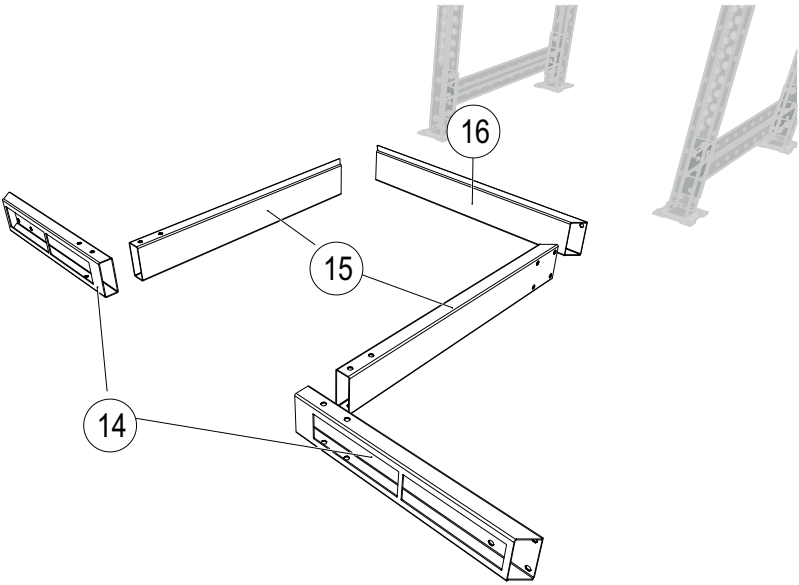
Tools needed:



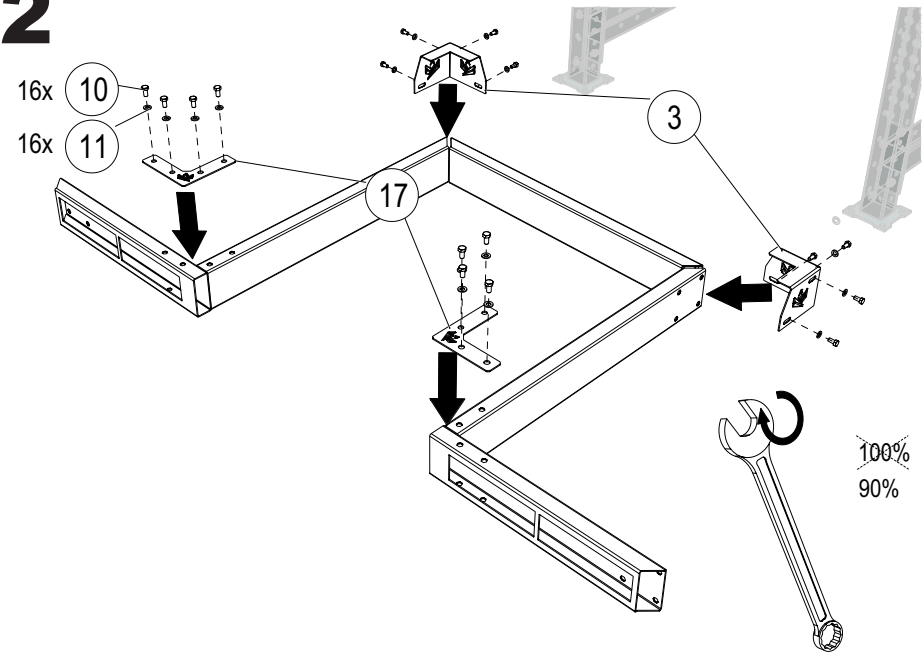
Wrench 17
1x

Assembly instruction:

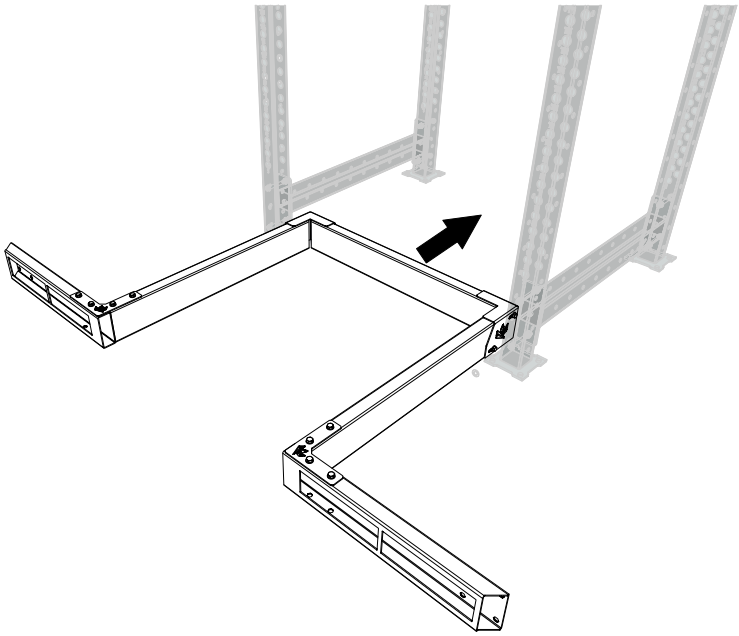
1



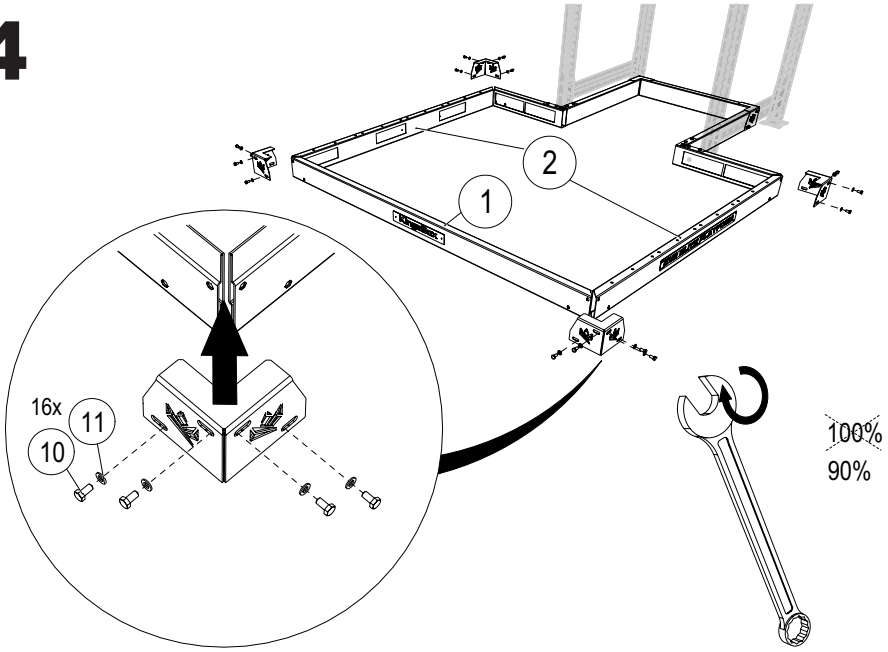
2



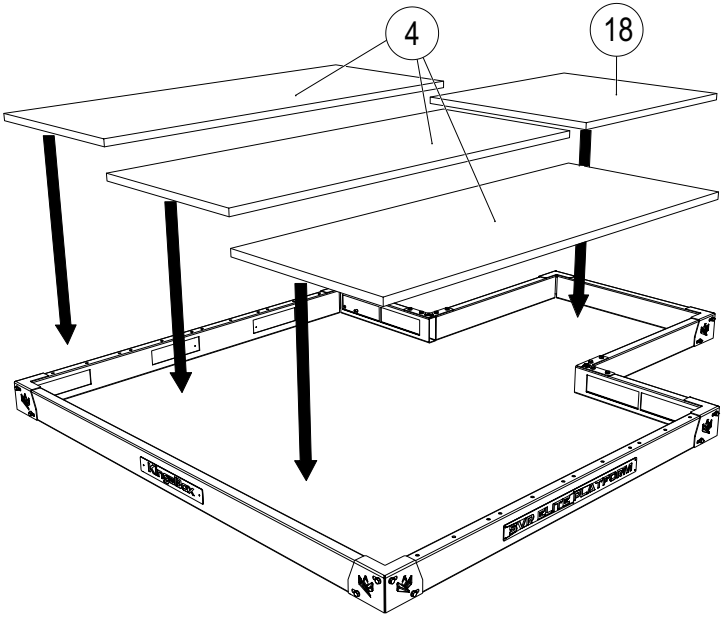
3



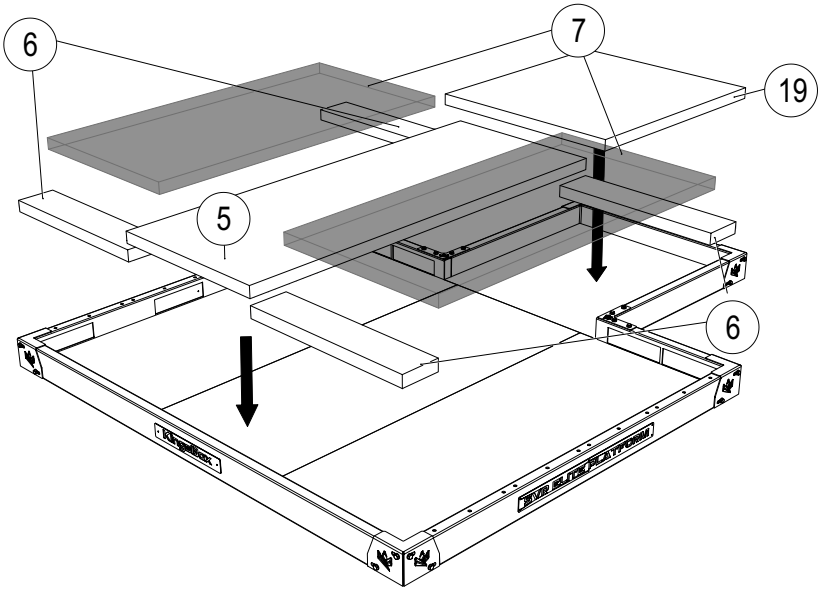
4



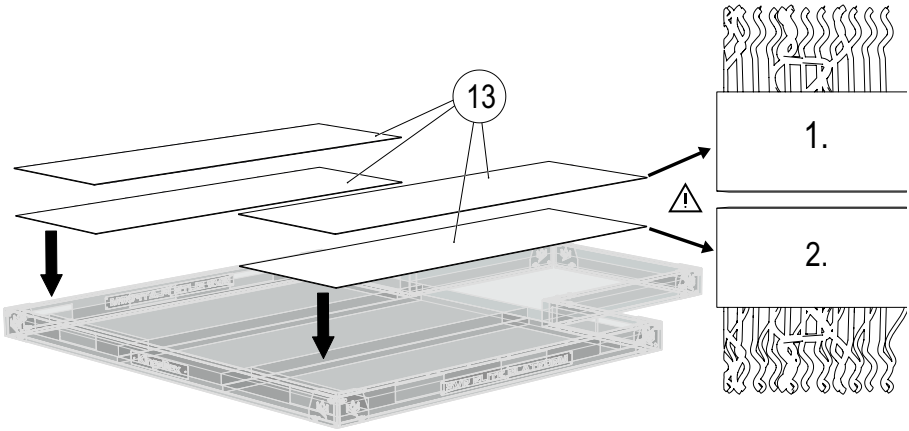
5



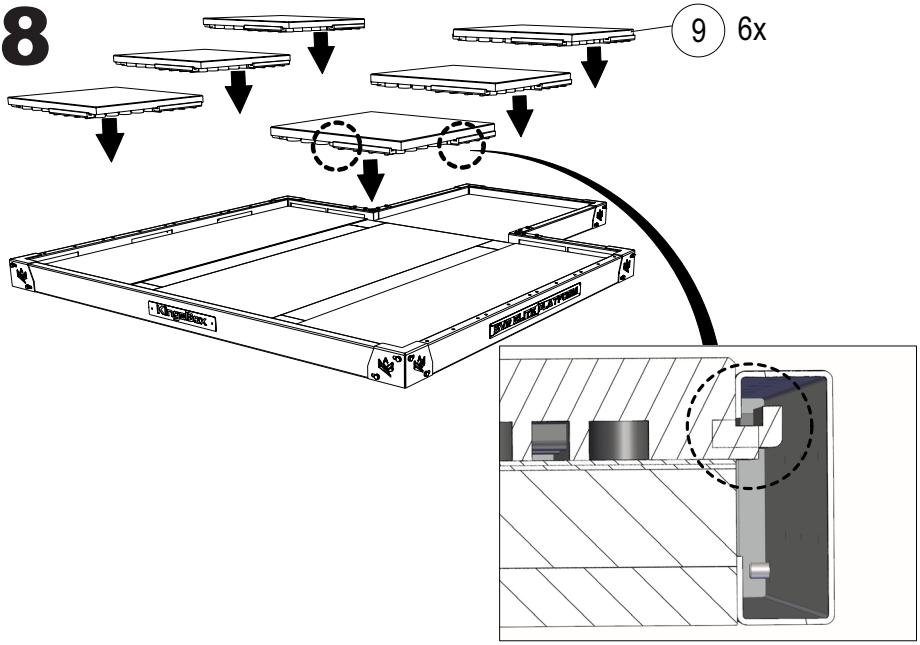
6



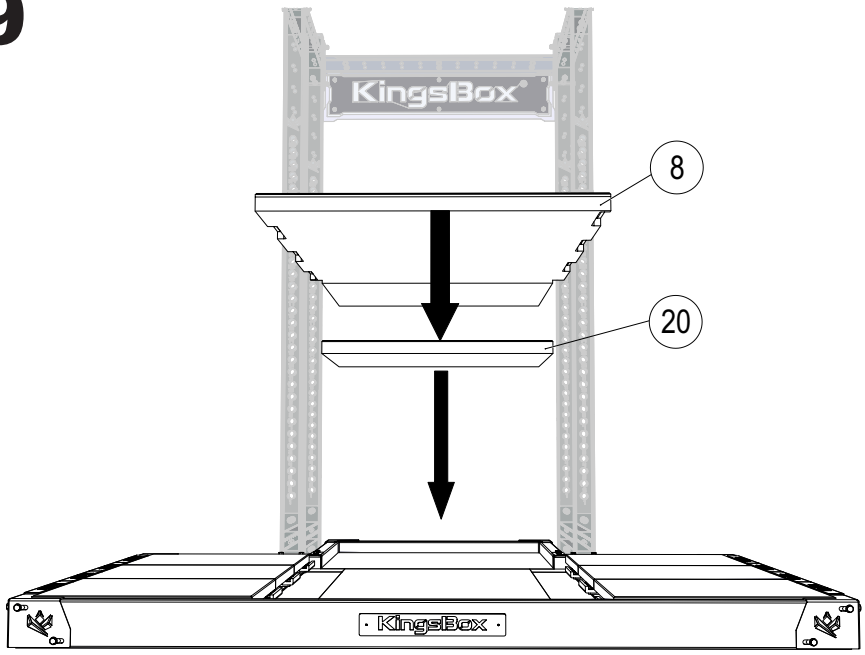
7



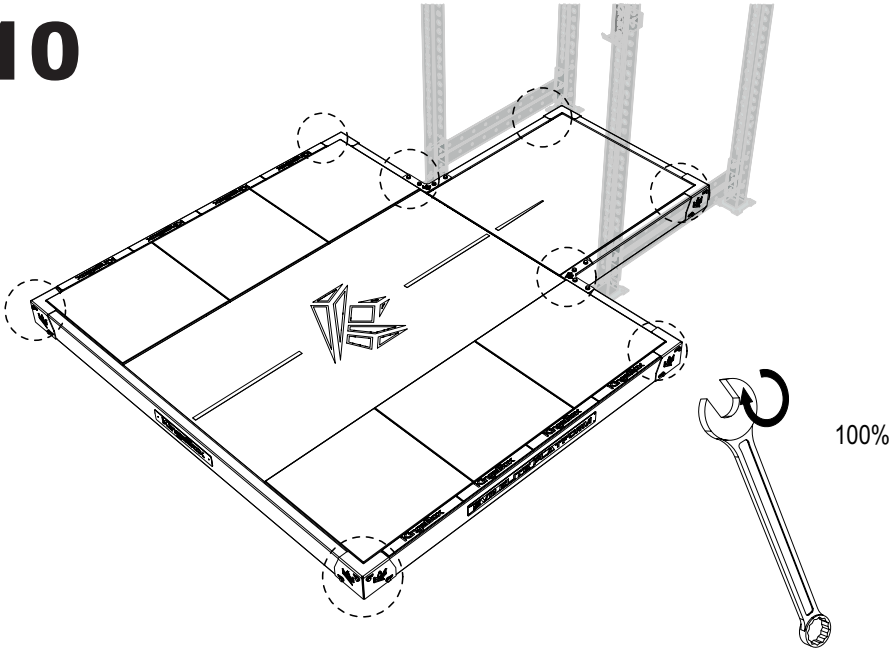
8



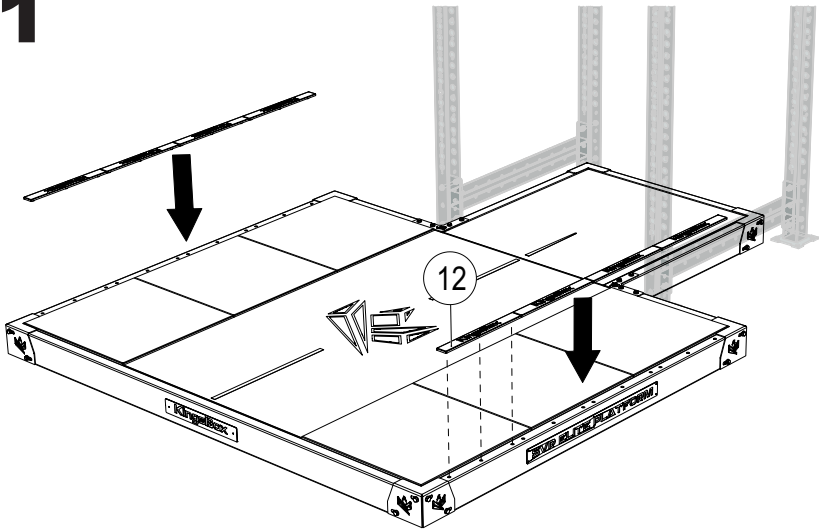
9



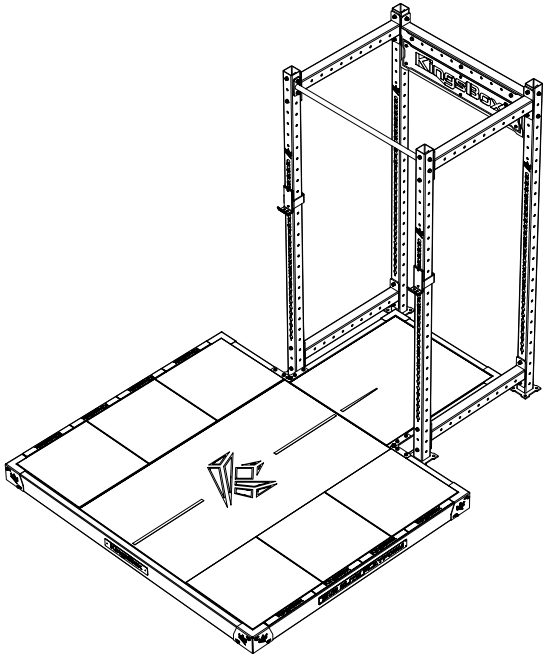
10



11

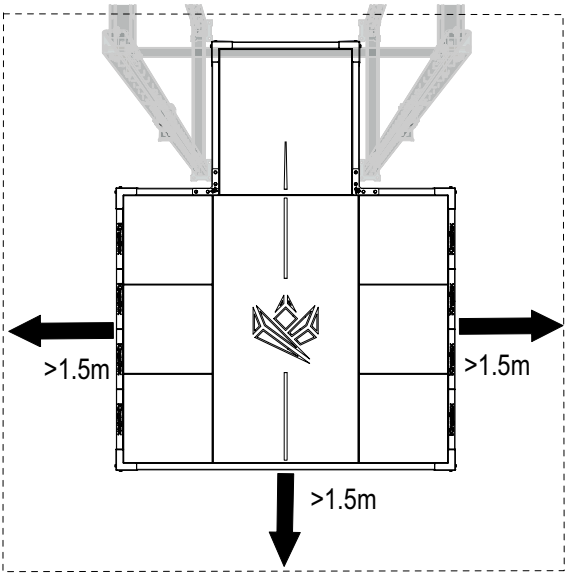


12



Instructions for use:

Free area around the training equipment should be >1.5m than the training area in all directions.



Intended use:

A SVR (sound & vibration reduction) weightlifting platform is designed to provide a safe and durable area for performing Olympic lifts and powerlifting excercises (cleans, snatches, deadlifts and squats).

The platform serves manly the following purposes:

Shock Absorption
The primary function of a weightlifting platform is to absorb the impact of dropping heavy weights, protecting both the floor beneath and the equipment being used.

Noise Reduction
Dropping heavy weights can generate significant noise, especially in shared spaces. The rubberized sections of a weightlifting platform help dampen sound, making workouts more comfortable for both the lifter and those nearby.

Floor Protection
By providing a designated lifting space, the platform prevents damage to the underlying flooring. This is particularly important in gyms or homes with concrete, hardwood, or tile floors that could crack or chip under the force of dropped weights.

Designated Training Area
A weightlifting platform creates a defined space for lifting activities, improving gym organization and ensuring that users respect safety boundaries. It also signals to other gym-goers that this area is reserved for specific lifting exercises.

Maintenance and Inspection Instructions

Maintenance

1. Rubber Tiles:
- Vacuum clean the rubber tiles regularly to remove dust and debris.
- Wipe them with a wet cloth to maintain cleanliness.

2. Wooden Deck:
- Clean the wooden deck with a wet cloth (avoid dampening the surface).
- Use wood-cleaning solvents only for effective cleaning and protection.

3. Frames and Tubes:
- Wipe down the surfaces of frames and tubes to remove dust and dirt.

Inspection

1. Bolt Tightness:
- Regularly inspect all bolts connecting the platform components and ensure they are properly tightened.

2. Rubber Tiles:
- Check the surface of rubber tiles for any major damage or cracks and replace the rubber tile if needed.
- No excercise should be performed with the damaged rubber tiles!

3. Textile protection sheet
- Lift the rubber tiles and check the textile protection sheets underneath for any tears.
- If any damage is present, discontinue use of the platform until the sheets are replaced.
- Damaged sheets can lead to permanent harm to the layers beneath.

Replacement parts can be purchased through Kingsbox's customer service at info@kingsbox.com

Perform these maintenance and inspection tasks weekly or as needed to keep your weight-lifting platform in optimal condition.