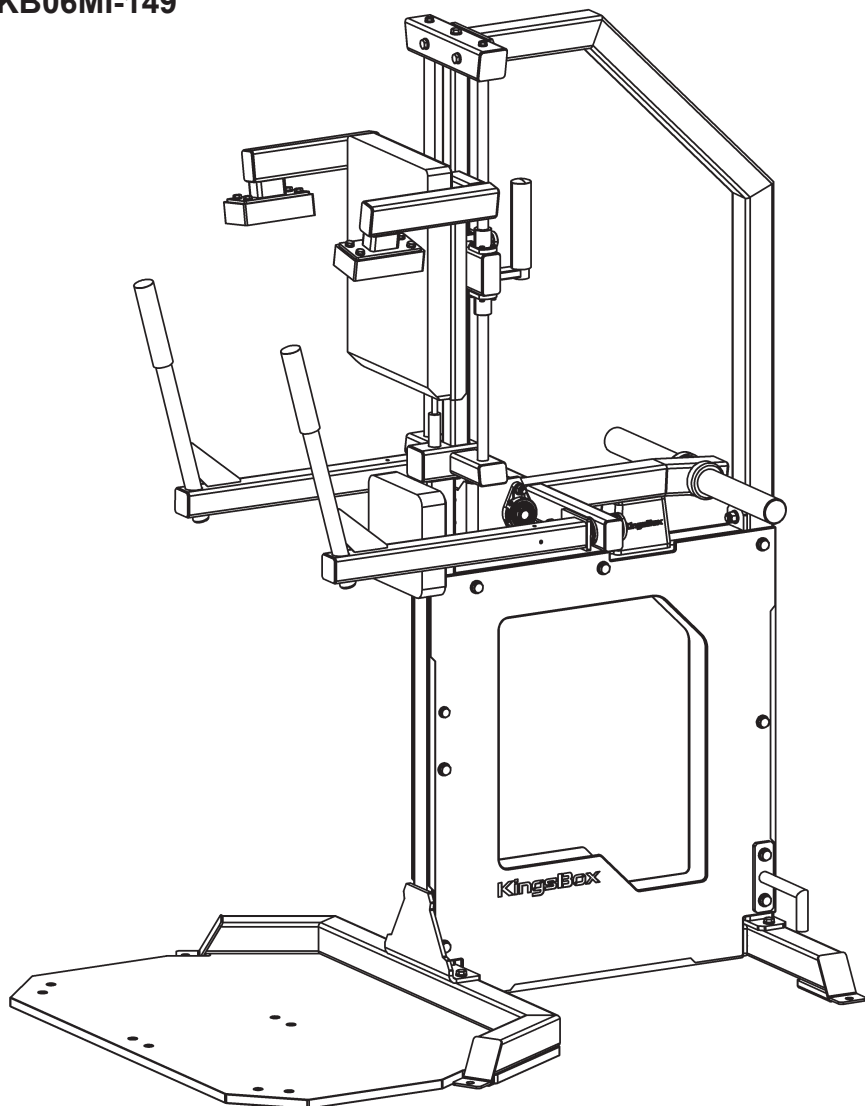


KingsBox Triceps Kick Back Machine

KB06MI-149



KingsBox®
BUILDING BETTER HUMANS

Manufacturer:
Kingsbox d.o.o.
Bazoviška 7a, 6210 Sežana
Slovenia



Customer service:

Write us on info@kingsbox.com or send us a message through our website at www.kingsbox.com/help

Usage class:

Studio (S)

Designed in compliance with:

ISO 20957

Warnings:

- Freestanding equipment shall be installed on a stable and levelled base
- All equipment designed with anchoring/attachement holes (e.g. rigs, racks, equipment and accessories for racks, storage pins/shelves, etc.) should be securely screwed to the fixed ground/wall/structure through all the designated fixing holes and with appropriate sized screws.
- Injuries to health may result from incorrect or excessive training
- Keep unsupervised children away from the equipment

Maximum user body mass: 100 kg

Maximum training mass ⁽¹⁾: 100 kg

⁽¹⁾ Training mass - achieved through different means of resistance (weight plates, stacked weights, dumbbells, elastic cords, etc.), excluding user's bodyweight.

WARNING!

Equipment installed on the rigs and racks:

The structure (rig/rack) onto which the equipment is attached **MUST** be securely anchored into the ground, otherwise a high risk of structure overturning exists.

Failure to do so presents a high risk of injuries that could eventually lead to death of the people exercising or present near the equipment.

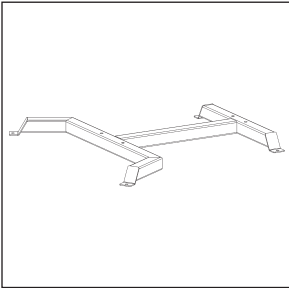
The fixing bolts for wall and /or floor are not included in the package, since different types of anchor bolts must be used for different wall / floor types.

WARNING!

Equipment installed on the rigs and racks:

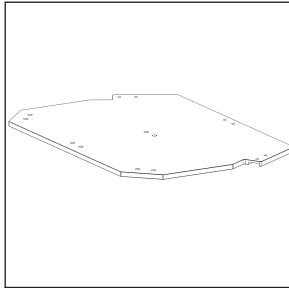
The equipment **MUST** be securely anchored to an appropriate wall (stable concrete wall in good condition) to avoid any failure of the equipment during exercise (such as equipment detaching from the wall, wall damage, wall collapse etc.).

Assembly elements:



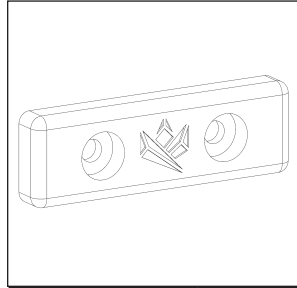
Position 1 **1×**

Mighty Oliphant Frame Leg



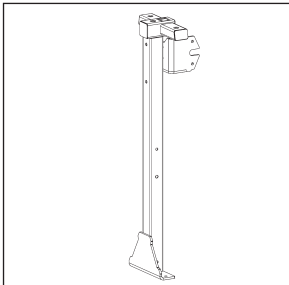
Position 2 **1×**

Wood Platform



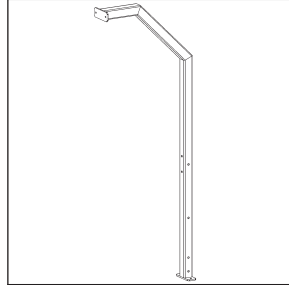
Position 3 **9×**

Rubberized Mat 125x40x15



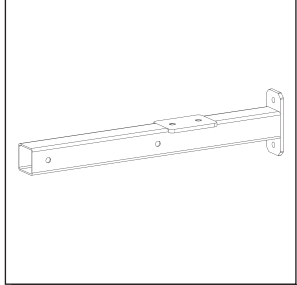
Position 4 **1×**

Main Upright



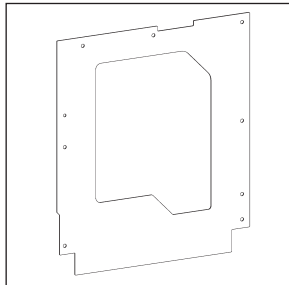
Position 5 **1×**

Upright Support



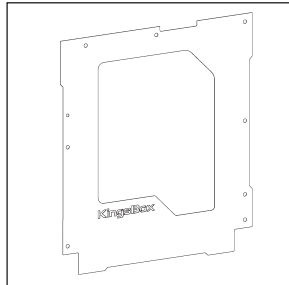
Position 6 **1×**

Connection Profile



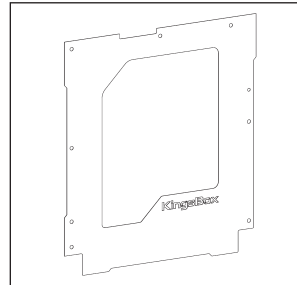
Position 7 **2×**

Main Plate Chrome



Position 8 **1×**

Logo Plate_L



Position 9 **1×**

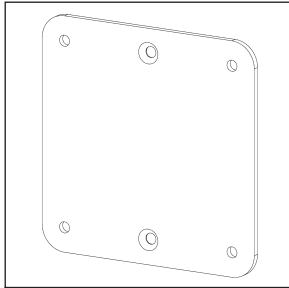
Logo Plate_D

Assembly elements:



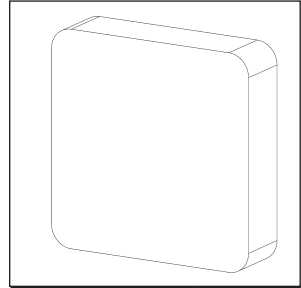
Position 10 | **1×**

Rubber Shock Absorber 120x80x90



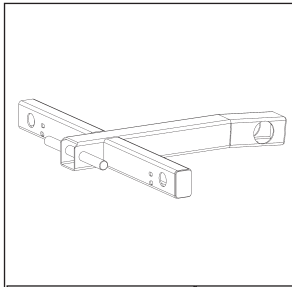
Position 11 | **11×**

But Pad_Plate



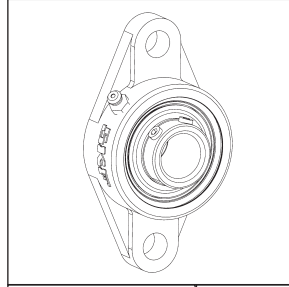
Position 12 | **1×**

But Pad^Triceps Kick Back Machine



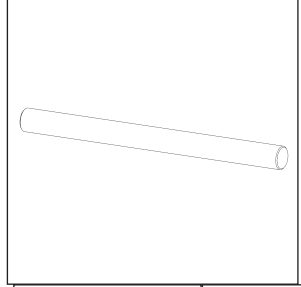
Position 13 | **1×**

Lever Mechanism



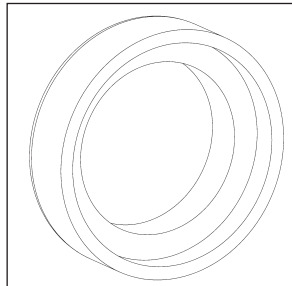
Position 14 | **2×**

PCJTY20_UCFL_204



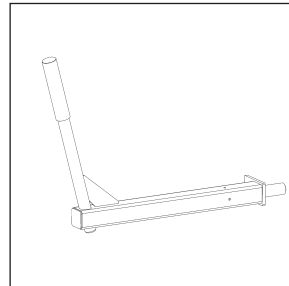
Position 15 | **1×**

Weight Horn (Chrome)



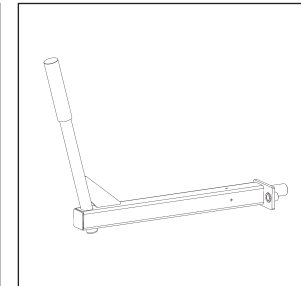
Position 16 | **2×**

Spacer fi 48mm Rubbery



Position 17 | **1×**

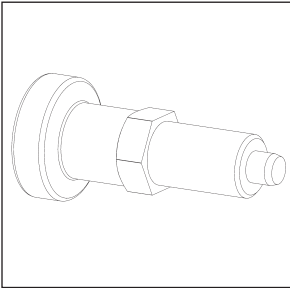
TKBM_Handle_L



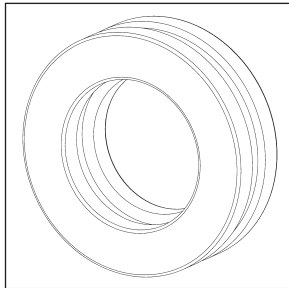
Position 18 | **1×**

TKBM_Handle_D

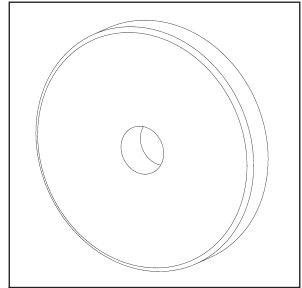
Assembly elements:



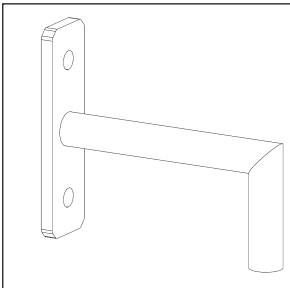
Position 19	3×
Index Plunger M16x1.5	



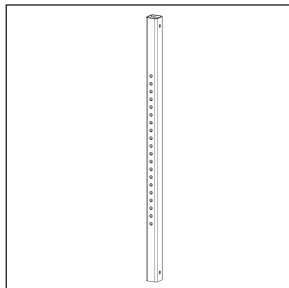
Position 20	4×
TKBM_Axial Bearing	



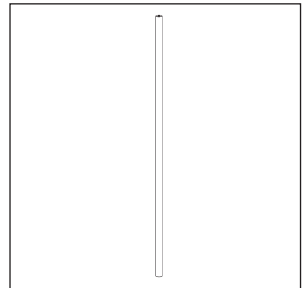
Position 21	2×
Bearing Washer	



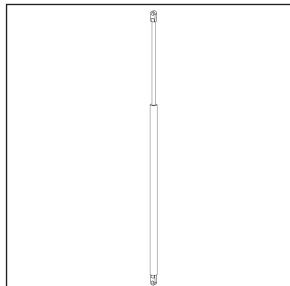
Position 22	2×
TSP_Band Hook	



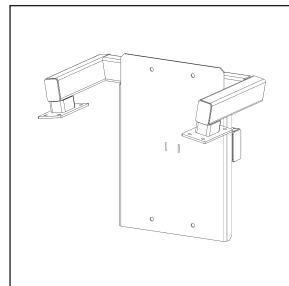
Position 23	1×
Lateral Raise Height	



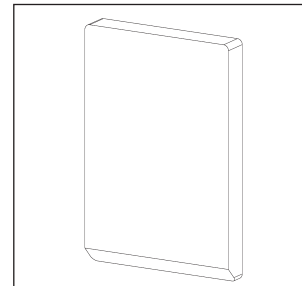
Position 24	2×
Round Guide fi20	



Position 25	1×
Gas Spring	

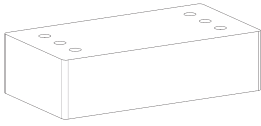


Position 26	1×
Shoulder Support	

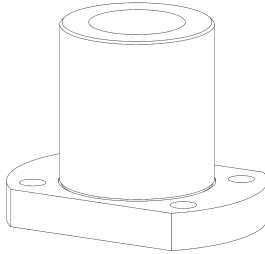


Position 27	1×
Back Rest Pillow	

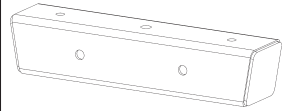
Assembly elements:



Position 28	2×
Shoulder Pad	



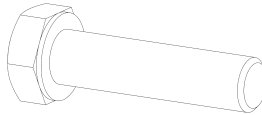
Position 29	4×
Linear Bearing	



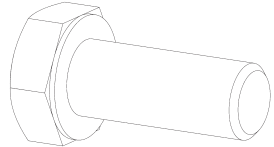
Position 30	1×
Upper Stabiliser Profile	



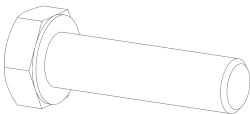
Position 31	2×
Base Plate	



Position 32	16×
Bolt M5×20	



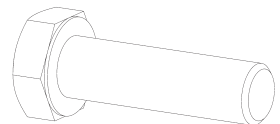
Position 33	2×
Bolt M8×20	



Position 34	21×
Bolt M8×30	

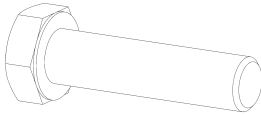


Position 35	10×
Bolt M8×35	



Position 36	6×
Bolt M10×35	

Assembly elements:



Position 37	4×
Bolt M10×40	



Position 38	1×
Bolt M10×60	



Position 39	3×
Bolt M10×90	



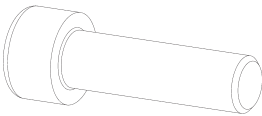
Position 40	2×
Bolt M12×70	



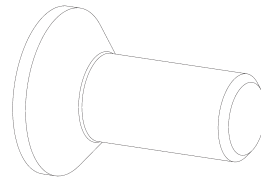
Position 41	8×
Bolt M12×90	



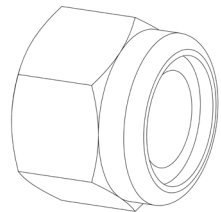
Position 42	2×
Bolt M12×110	



Position 43	2×
Screw M10×35	

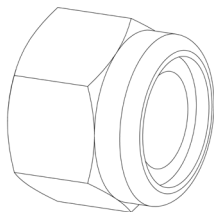


Position 44	8×
Screw M8×20	

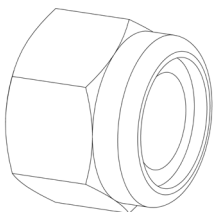


Position 45	8×
Nut M8	

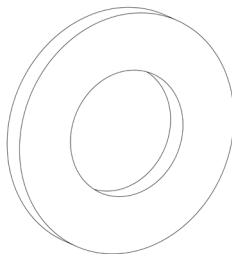
Assembly elements:



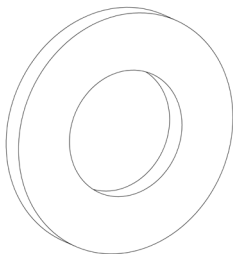
Position 46	8×
Nut M10	



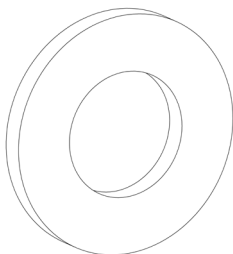
Position 47	10×
Nut M12	



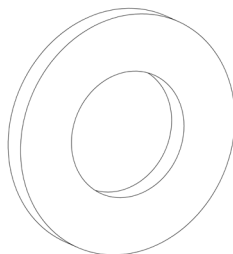
Position 48	16×
Washer M5	



Position 49	39×
Washer M8	



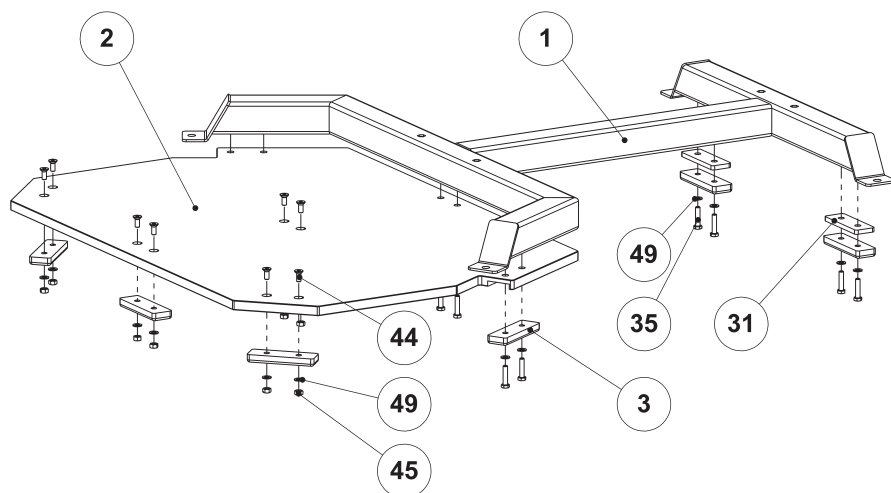
Position 50	24×
Washer M10	



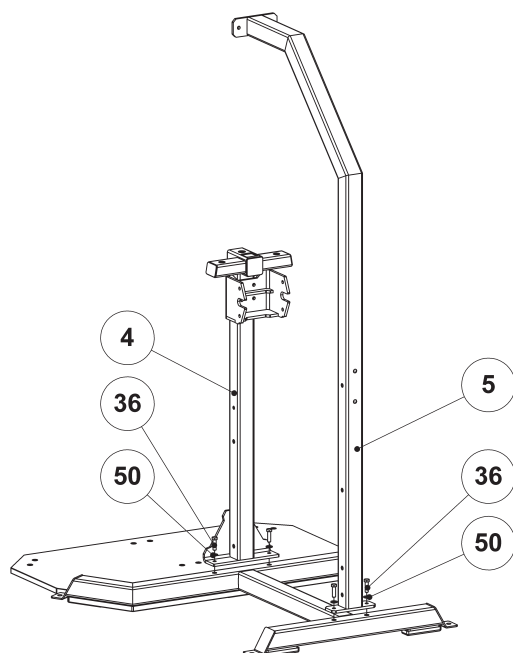
Position 51	22×
Washer M12	

Assembly instruction:

1

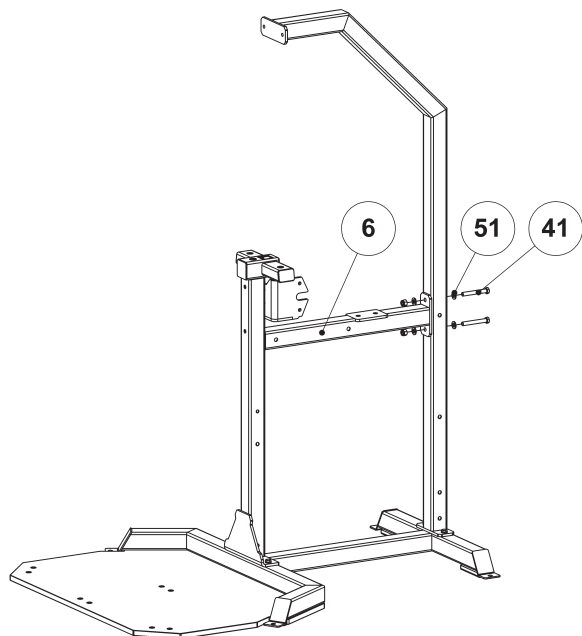


2

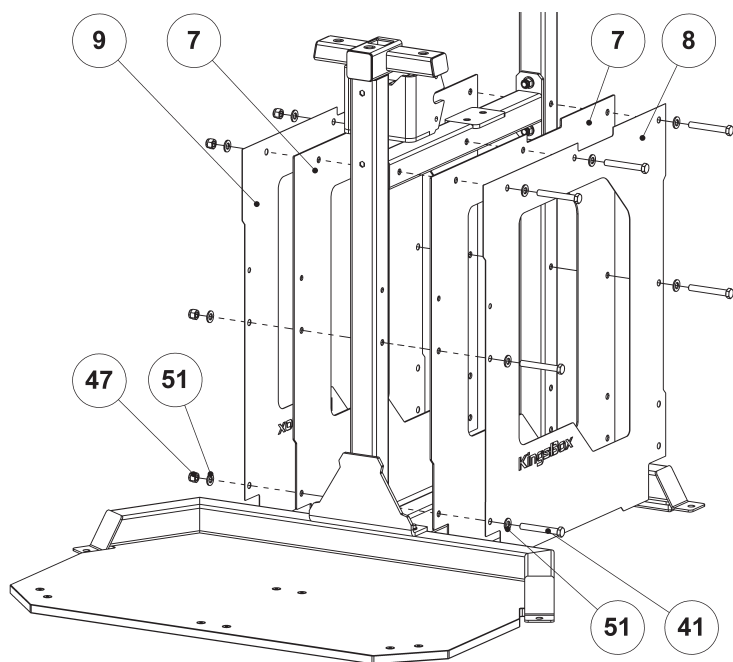


Assembly instruction:

3

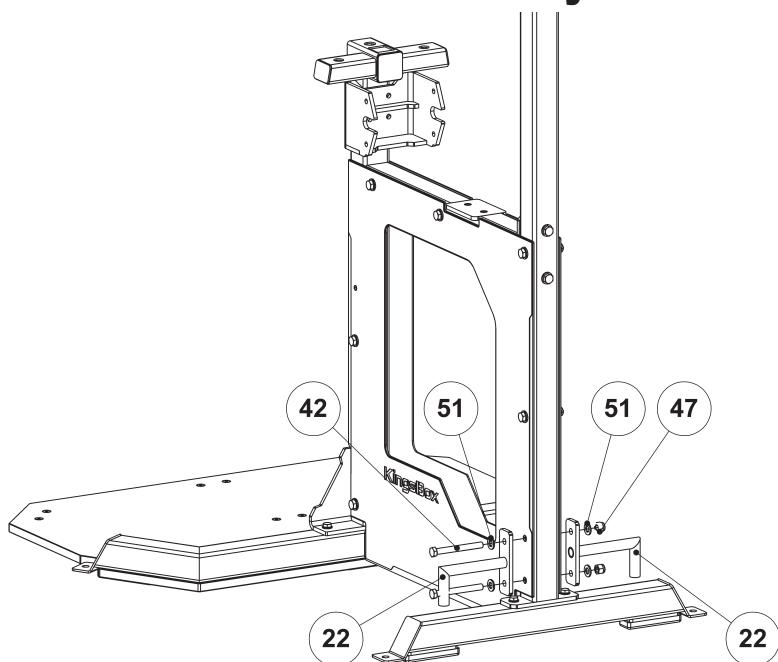


4

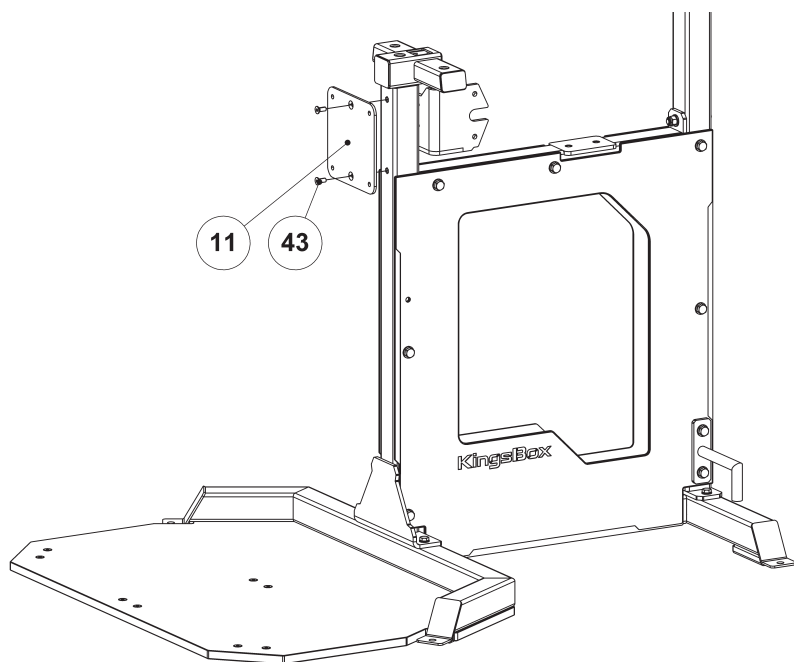


Assembly instruction:

5

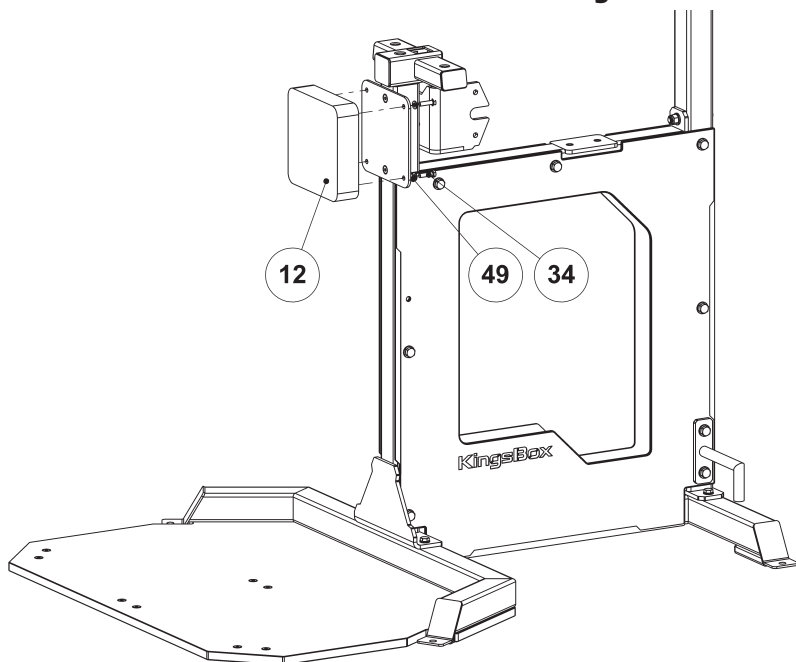


6

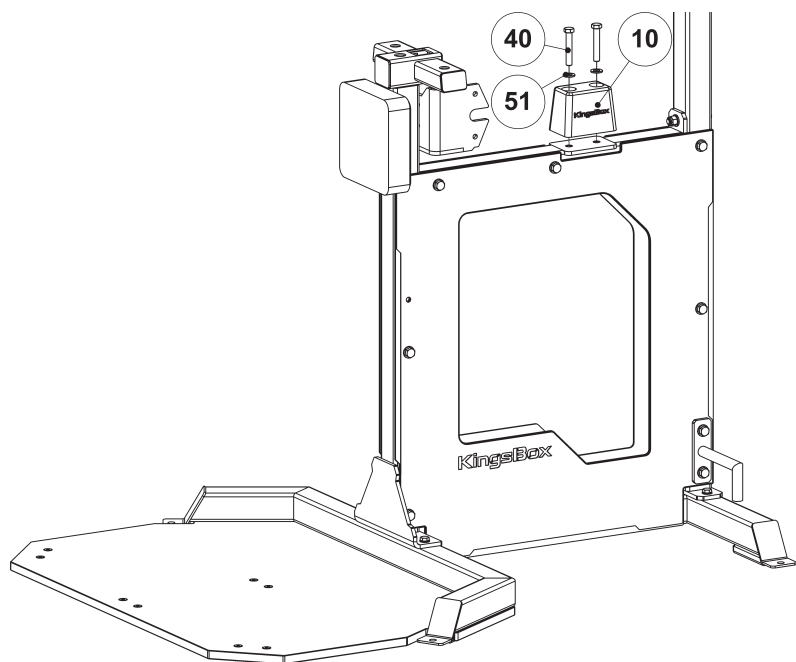


Assembly instruction:

7

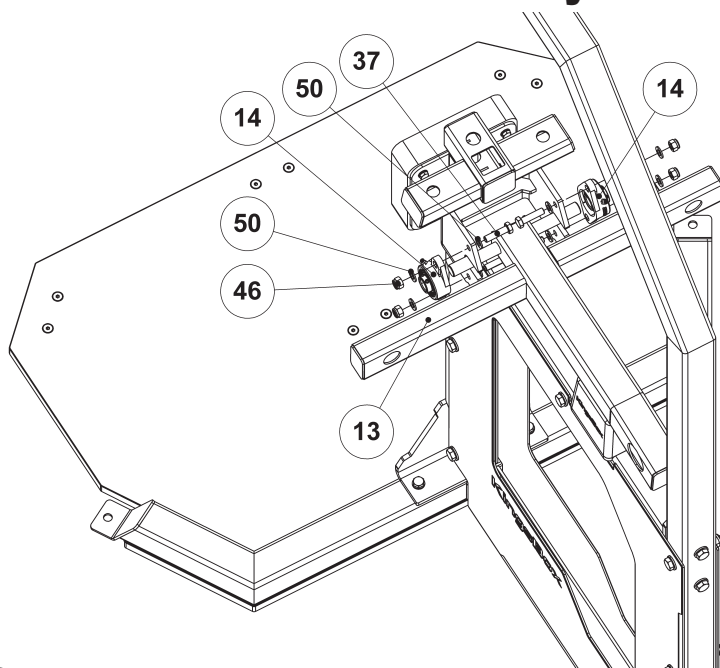


8

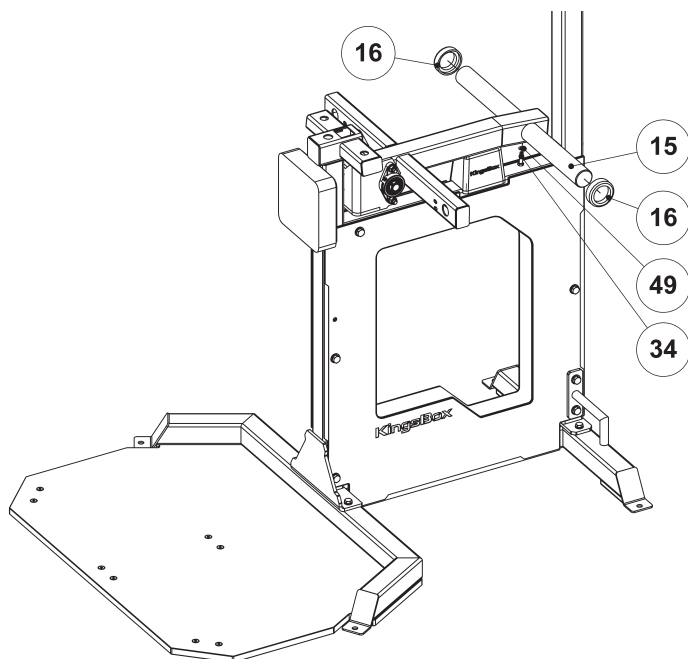


Assembly instruction:

9

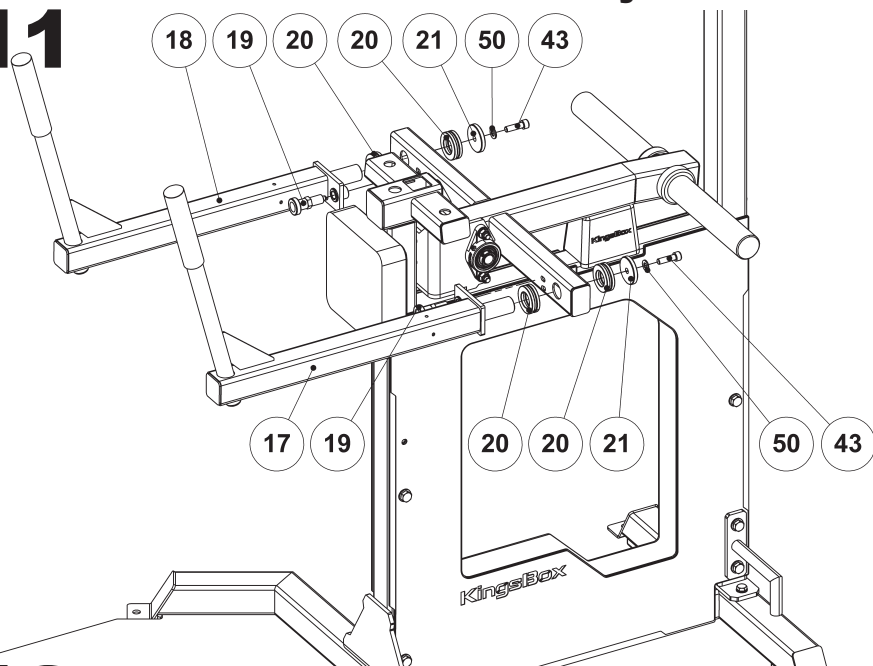


10

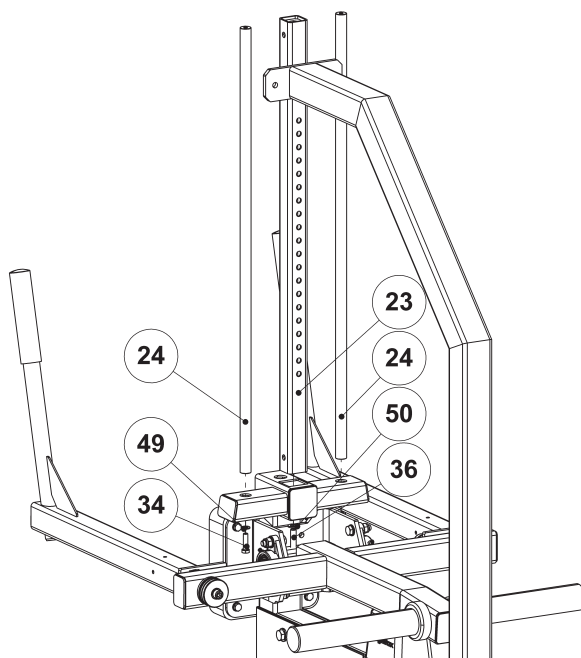


Assembly instruction:

11

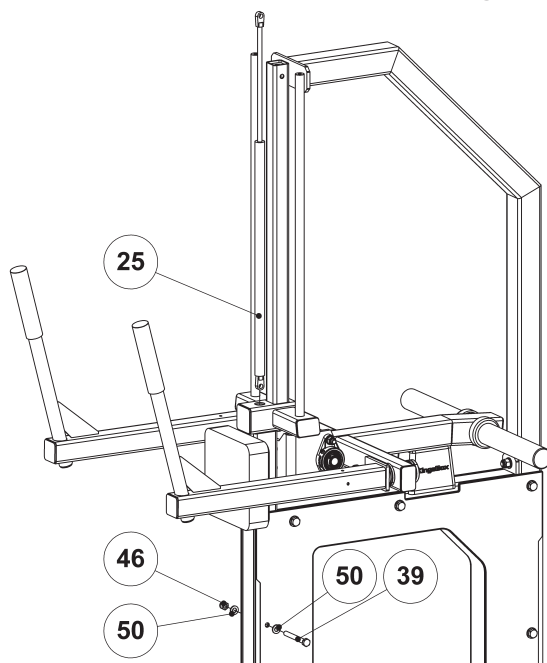


12

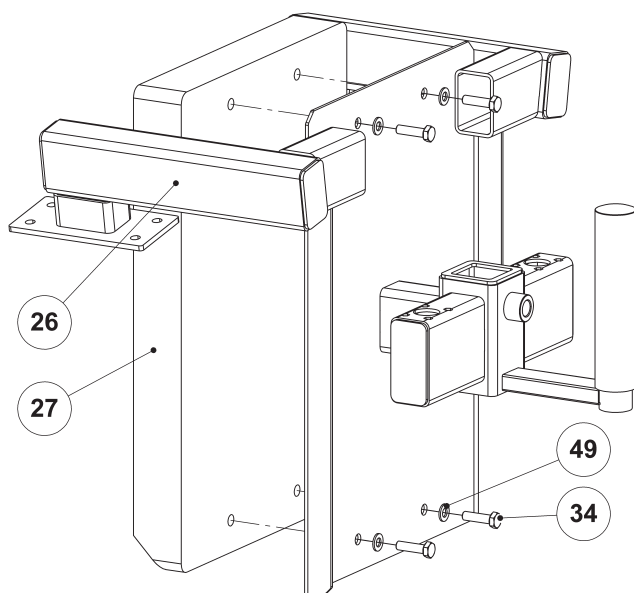


Assembly instruction:

13

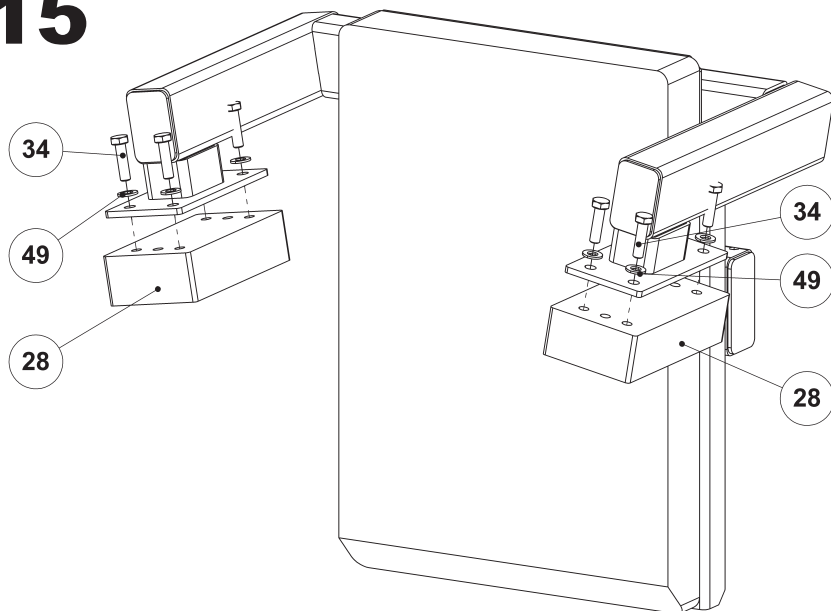


14

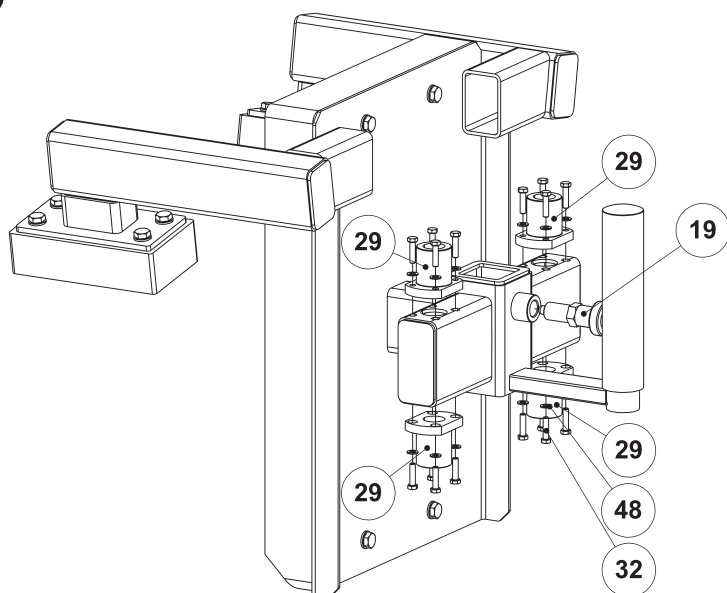


Assembly instruction:

15

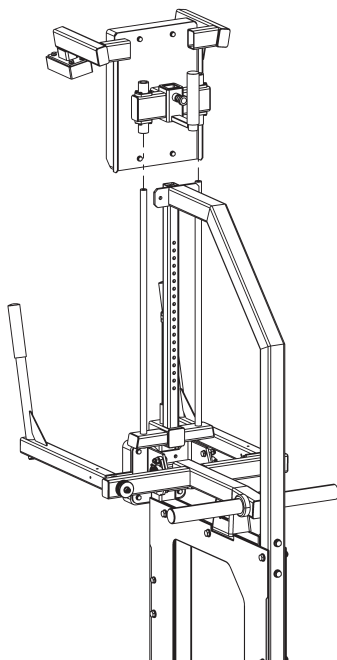


16

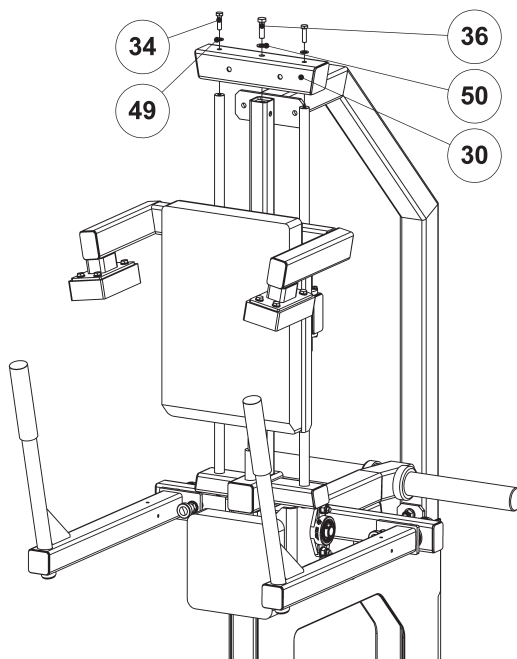


Assembly instruction:

17

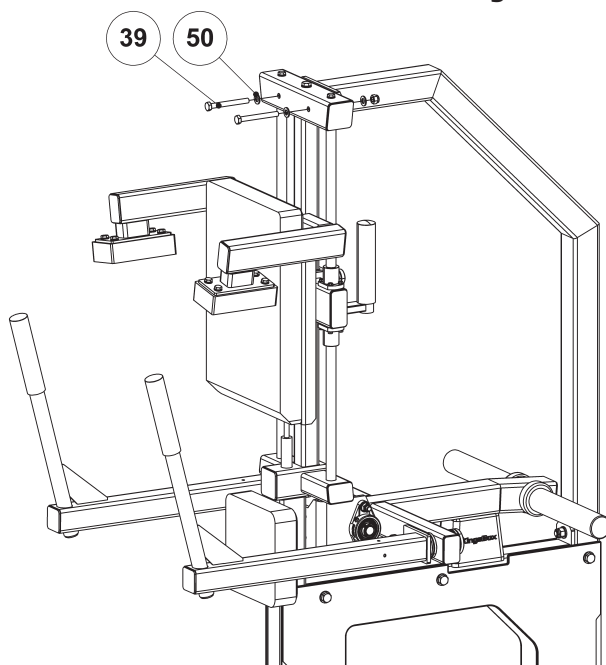


18

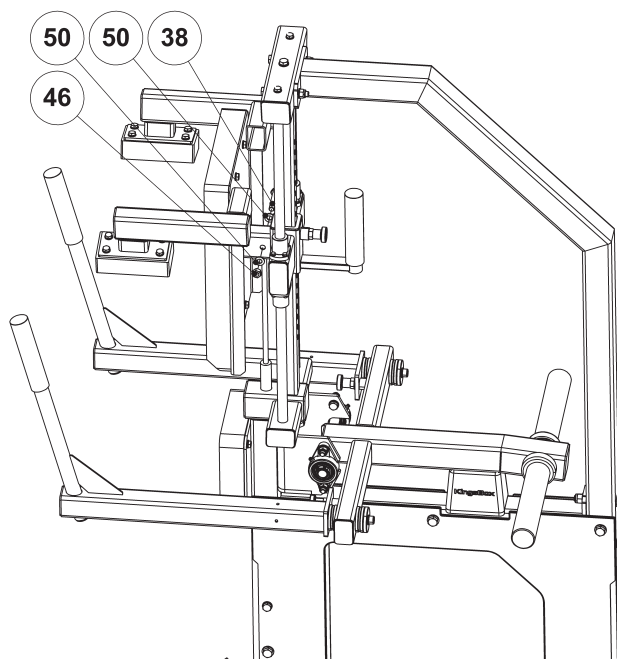


Assembly instruction:

19

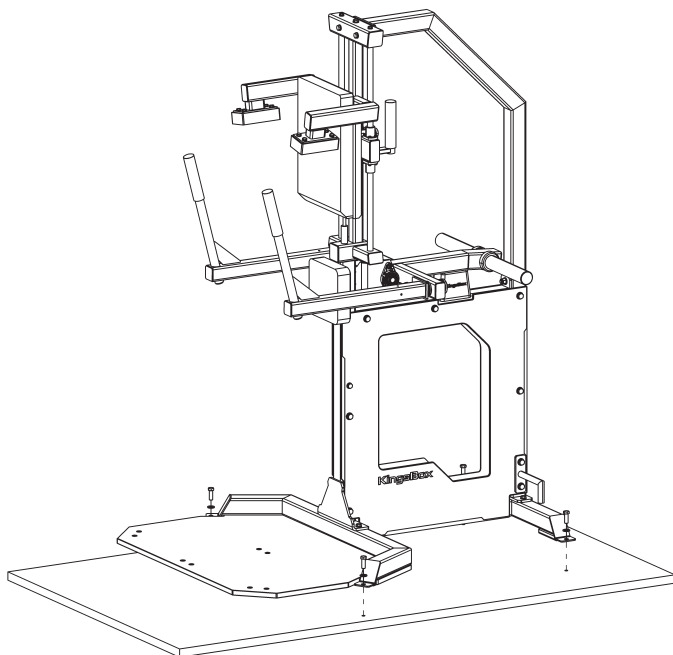


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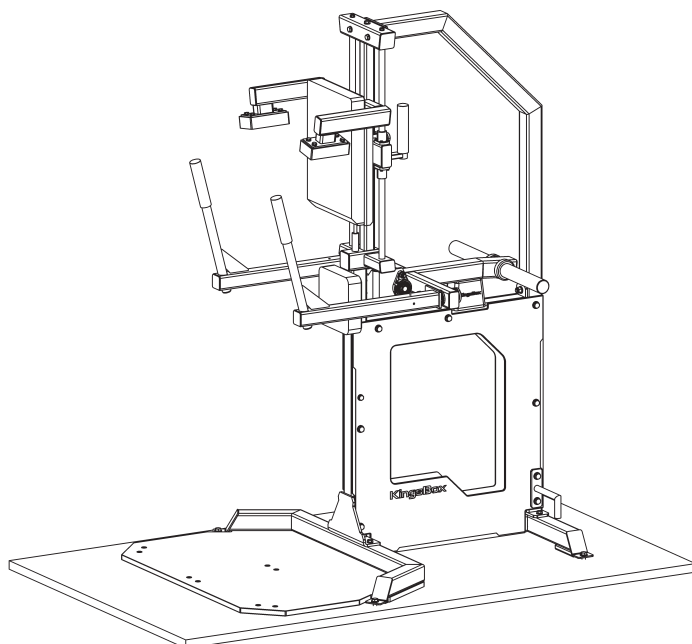


Assembly instruction:

21

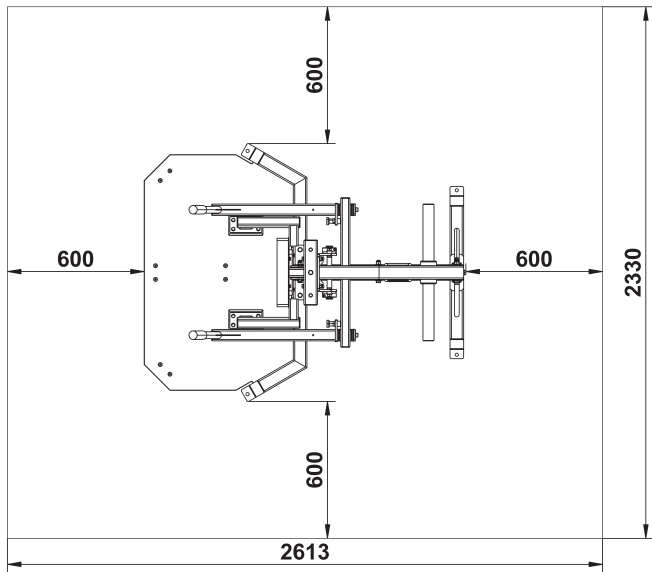


22



Note:

Free area around the training equipment should be $>0,6\text{m}$ than the training area in the direction from which the equipment is accessed.



Max. loading/ training mass:100kg

